

Welcome To CISC Training.



Training Centre Overview.

Established in December 2017, CISC Training is a modern and spacious training centre just ten minutes from the historic city of Chester in the North West of England. Easily accessible by the motorways and located in Chester Business Park, CISC Training is fully-equipped to provide injectables training to the highest standards

Owned by experienced medical practitioner and trainer Dr. Ryan Hamdy, CISC Training provides foundation and advanced injectables training in contemporary, cutting-edge facilities catering for the medical aesthetics industry. With a dedicated reception team to welcome you and free onsite secure parking, CISC Training provides a professional, friendly environment in which to further your professional education and skillset.

Why Choose CISC Training?

Location.

CISC Training is located in Chester Business
Park which is easily accessible by the
motorway networks with free onsite parking.
Should you be travelling by public transport,
CISC Training is just a ten minute bus journey
from Chester City Centre and the main railway
station. For those travelling from further afield
there is a Holiday Inn Hotel just five minutes



from site, or alternatively you can travel into Chester City Centre where there is an abundance of accommodation to suit all budgets.

Training Courses. Toxins.

Toxin Training. Foundation Course.

One of the most popular cosmetic treatments in clinic is muscle inhibitors such as Botox or Bocouture and the use of neuromodulators in aesthetics is growing exponentially due to its safety and efficacy. Patients are now educated on the importance of going to a skilled, expert practitioner for their treatments and CISC Training can help you meet this demand through our comprehensive toxin courses. Lead by our expert team with years of experience in both carrying out toxin treatments and training practitioners, The Toxin Foundation Course is aimed at doctors, dentists, nurses, dermatologists and plastic surgeons have yet to work with neuromodulators and will provide you with the practical skills, knowledge and understanding needed to safely and confidently provide treatments to patients in clinic. Learning is hands-on combined with comprehensive theory. You will also have the opportunity to observe a live demonstration before performing the treatment yourself during the practical workshop under clinical supervision. Certificates are awarded at the end of the course.

Fees. Toxin Training. Foundation Course £795 + VAT.

Foundation Course Content.



The Foundation Toxin course includes:

- 1. Understanding Toxin and how/where it's used.
- 2. Pharmacology and physiology.
- 3. Anatomical considerations.
- 4. Dosage guidelines.
- 5. Preparation and injection technique.
- 6.Understanding the importance of accurate patient assessment from initial consultation through to treatment by viewing live demonstrations.
- 7. How to deliver Toxin injections by completing a practical workshop in Toxins for the forehead, glabella and around the eyes.
- 8. How to market Toxins.

Toxin Training. Advanced Course.

For those doctors, dentists, nurses, dermatologists and plastic surgeons who are experienced in treating with neuormodulators in aesthetics, our Advanced Toxin Course covers more cutting-edge treatments and is a great way to build confidence, knowledge and expertise. Certificates are awarded at the end of the course.



Fees. Toxin Training. Advanced Course £795 + VAT.

Advanced Course Content.

The Advanced Toxin course includes:

- 1. Any overview on Toxins and recap on preparation, dosage and injection techniques.
- 2. Advanced anatomical and physiological considerations.
- 3. Managing complications and indemnity insurance information.
- 4. Hands-on practical session for treatment of the periorbital, perioral and neck region including Nefertiti Lift, lip lift and treatment of mentalism depressor angulioris and smokers' lines.
- 5. Hands-on practical session for treating excessive sweating (Hyperhidrosis).
- 6. How to make facial aesthetics an integral part of your everyday practice.

Training Courses. Dermal Fillers.

Dermal Fillers Training. Foundation Course.

Dermal fillers are incredibly versatile when it comes to treating many of the common signs of ageing as well as enhancing different areas of the face. Patients are discovering the considerable benefits of these treatments and CISC Training will guide you through the techniques needed to offer safe, effective results. Combining in-depth theory with hands-on learning, this course is carefully designed to help build expertise so that you can confidently carry out your own treatments in clinic. With expert supervision we will guide you through a practical session where you'll treat lips, nasolabial folds and mouth corners. Certificates will be awarded at the end of the course.

Fees. Dermal Fillers Training. Foundation Course £795 + VAT.

Foundation Course Content.

The Dermal Fillers Foundation Course includes:

- 1. The history of dermal fillers and how/where it's used, including brand awareness.
- 2. Pharmacology and toxicology.
- 3. Anatomy and Physiology.
- 4. Preparation and dosage management.
- 5. Injection techniques.
- 6. How to achieve safe and predictable outcomes.
- 7. Complication management and indemnity insurance information.
- 8. How to deliver dermal filler injections by completing a practical workshop in dermal fillers for the lips, nasolabial folds and mouth corners.
- 9. VAT implications for cosmetic procedures.
- 10. How to market dermal fillers.
- 11. How to make facial aesthetics and integral part of your everyday practice.

Dermal Fillers Training. Advanced Course.

This course is designed for doctors, dentists, nurses, dermatologists and plastic surgeons who are experienced injectors already using some advanced techniques in clinic. The course will be held at Dr. Hamdy's Nantwich Clinic and you will receive hands-on experience as well as receiving a video recording of your treatments to review later. The Advanced Course also includes ongoing mentoring. Certificates will be awarded at the end of the course.

Fees. Dermal Fillers Training. Advanced Course £995 + VAT.

Advanced Course Content.

The Dermal Fillers Advanced Course includes:

- 1. Periorbital area.
- 2. Tear Trough area.
- 3. Cheeks and mid face.
- 4. Jawline.
- 5. The chin.
- 6. Temples.
- 7. Hands.
- 8. Non-surgical rhinoplasty.
- 9. Use of cannula.
- Review of complications and management.



Masterclasses.

Non Surgical Rhinoplasty & Tear Trough Masterclass.

Course Overview.

This is a comprehensive one day expert masterclass for doctors, dentists, nurses, dermatologists and plastic surgeons who have already completed a Foundation Dermal Filler course with CISC Training or elsewhere and have around 6 months experience of injecting fillers.

Fees. Non Surgical Rhinoplasty & Tear Trough Management £795 + VAT

Masterclass Course Content.



The Masterclass Course includes:

- 1. The relevant anatomy,
- 2.Discussions of the aesthetics ideal with comparison of surgical and non-surgical techniques.
- 3.Indications & contraindications.
- 4.Use of a cannula.
- 5.Review of complications & management.
- 6. Hands-on practical session.
- 7. Review and discussion to end the day.

Lunch is included. Certificates will be

awarded at the end of the course.

Cannula Training.

Course Overview.

This one day course is for doctors, dentists, nurses, dermatologists and plastic surgeons who have completed a Foundation Dermal Filler course with CISC Training or elsewhere and would like some extra cannula training. Areas covered are lips, nasolabial folds, marionette lines plus other advanced treatment areas such as the nose, tear trough and jaw. This can be adapted to the delegate's needs. Lunch is provided.

Fees. Cannula Training £795 + VAT



Lip Filler Masterclass.

Course Overview.

This Lip Filler Masterclass is suitable for those who have completed the foundation Dermal Fillers techniques and require more hands-on experience. We train delegates using cannula and 4mm needles. Theory covers a general understanding of lip anatomy, consultation and examination, facial mapping, injection techniques and learning how to manage complications, including the use of Hyalase. Hyalase is used to dissolve dermal fillers and often used for lumps that may form. The Lip Filler Masterclass also covers advanced peri-oral anti-ageing techniques which are necessary to balance the surrounding features of a rejuvenated lip. During the hands-on practical session delegates will develop a proper injection technique with minimal punctures to the lip, plus side effects. This Masterclass is for Doctors, Dentists, Registered Nurses, Dermatologists and Plastic Surgeons.

Fees. Lip Filler Masterclass £795 + VAT

Masterclass Course Content.

1. Anatomy and Biophysical Changes including lip ageing, ideal lip proportions and complicated lips (e.g thin lips).

 Consultation and Assessment including examining the natural shape, irregularities and asymmetries, treatment goals & establishing realistic expectations, contraindications, side effects and possible complications, contraindications and choosing the right hyaluronic acid filler.

- 3. Anaesthesia and Maintaining Patient Comfort including topical, injection, block and within fillers.
- 4. Treatment Areas and Injection Techniques, including lip border injection indication, lip body, cupid's bow, philtrum ridge, lip pout, upper lip wrinkles, lifting sad lip corners and various shaping options.
- 5. Combining Aesthetic Treatments and Maximising Results, including dermal fillers and neuromodulators.
- 6. Aftercare and Follow Up.
- 7. Dealing With Complications and Solutions, hyaluronidase reconstitution and injection technique.

Certificates will be awarded at the end of the course.

For further Guest Masterclasses please request our separate brochure.

You will be required to provide your own model for all courses. Should you require assistance with this please contact us to arrange.

Contact Us.

CISC Training

Honeycomb South
Chester Business Park.
CH4 9QJ
www.cisc-training.co.uk
0800 161 3250
kareema@cisc-training.co.uk

